

Wednesday 13th May 2020

John 14:1 Jesus Comforts His Disciples

“Do not let your hearts be troubled. You believe in God; believe also in me

As Jesus looked at his disciples, He knew what was going on in their minds and hearts, how disturbed and upset they were, and what was causing them to be upset. Jesus knew how to calm their worries. Today there are many of us who like them; are very frightened, upset, disturbed, and agitated because of the Pandemic Virus which has thrown us all out of kilter. Our Lord knew that these men were afraid of what was coming. They were afraid of death, afraid that they, with Him, were going to be executed by the Jews. They knew of the opposition that had developed against them in Jerusalem. They knew they were in danger, and so their hearts were deeply troubled as they gathered here with Him. But more than that physical danger to themselves, they were aware of Jesus' words about leaving them. This had struck terror into their hearts. They were afraid that even though they might survive, they would have to go on living without Him, and that was unbearable to them. They could bear to die with Him; they could not bear to live or die without Him. So as He gathers with them, He says these words: Do not let your hearts be troubled. Thinking on these words said so long ago but they still have significance today. We all hear this and yet it is still difficult when we are stuck and unable to do all the “normal” day to day things we like to do. In that simple phrase Do not let your hearts be troubled. What came to me were the words Do not let! Just three little words but they have a huge meaning. Just as the whole reading does but those three words do not let. Makes me aware that these disciples could do something about their problem. They held in their own hands the key to their release from the angst they were in. It was possible for them either to let it happen or not to let it happen. Our Lord is saying this to all of us. Jesus continues to give the answer to the disciples. Jesus said. “Trust in God; trust also in me.” There will eventually be a way out for us from this distress and fear concerning this terrible virus which has caused so much distress - The way for us in this time is the same as the disciples. Trust in God; trust also in me We need to keep the love of God in our hearts and minds and help each other to love the Lord our God and Father as he loves us.

May God bless you, guide you and direct you, May God bless you, guide you and direct you. May God bless you, give you strength and the assurance of his love. May God bless you and fill your life with his presence today and always.

Amen.