## Wednesday 23<sup>rd</sup> March 2022

Matthew 14:27, NIV: "But Jesus immediately said to them: 'Take courage! It is I. Don't be afraid.'

If you were asked to make a choice between driving a rally car or racing down a white-water river in a canoe, which would you choose? Which would be the least scary for you and would you really want to do either? The choice is yours. It really comes down to how brave you feel. I think I would personally drive the rally car as I would be in a position to stop if it was too much for me. How many of your friends would you tell what you were going to do?

In our verse today; Jesus lets the disciples know that he is right bedside them during the storm when they were in the boat on the lake, where Jesus had sent them after the feeding of the 5000. Even though the disciples knew how to look after themselves in a storm it did not stop them being scared during the raging storm which had suddenly blown in over the lake. Can you imagine what it would have been like fighting with the wind blowing straight at them and rowing for all they were worth and never getting out of the squall they were in. When we are going through a really hard time in life and are rowing through the trough, getting nowhere and feeling so tired, what can you do? Well Jesus told the disciples not to be afraid as he was with them even in the depths of the storms. But he did not rebuke them for their fear he just turned the focus away from the storm by calmly saying; "Don't be afraid. Take courage. I am here." Feel the peace and calmness of his voice. Then we must surely turn our focus so that we can see the light of Jesus calming the focus of the storm in our lives knowing that Jesus is only a prayer away, we can safely turn to him to ensure the fear will pass over. And we can once again face life without having to row against the tide tiring ourselves out. Just as in the Hymn, God is always near me, hearing what I say. Just a thought away as you travel in your daily walk with him. Loving Lord, we are so thankful that you walk with us. thank you that you never ever let us walk alone grateful that we can face the storms of life with peace and courage because Your presence is always with us. In Jesus' Name, Amen.