Thursday 05 May 2021

Ps.145,15-16: "The eyes of all look to you, and you give them their food at the proper time. You open your hand and satisfy the desires of every living thing."

Lk.12,22-24: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes. Consider the ravens: they do not sow or reap, they have not storeroom or barn; yet God feeds them. And how much more valuable you are than birds!"

We are accustomed to see nature in ways that make us largely blind to the providential care and compassion of the Creator to whom for its life it looks, because it depends on his giving. This feeds into the already existing inclination to satisfy one's natural needs and desires by nature and to let nature define and delimit these desires and needs.

Despite protestations to the contrary, believers in practice often go about satisfying their natural needs and desires *as if there was no God* who values them greatly – more than birds whose dependence on God is exemplary! – and knows that they need these things (Mt.6,32). Worry and undue concern are the result, and so is the lack of prayerful trust and the knowledge of *that life which is more than food*.

Help is found in seeking the kingdom of God – which is found in the knowledge of Jesus Christ.